



CAVO YACHTING

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SAILING ITINERARY  
SOUTH IONIAN



## DISCOVER THE BREATHTAKING IONIAN ISLANDS



With its incomparable charm and numerous tiny islands, the Ionian Sea offers an abundance of possible routes for you to explore. Consider one of our recommended itineraries for a one-week sailing adventure in the southern Ionian Islands. We hope you have an incredible time on board and enjoy favourable sailing conditions.



Your Cavo Yachting Team!

## 7 DAY ITINERARY

Saturday | Sivota (Lefkas) to Fiscardo (Kefalonia)

Sunday | Fiscardo (Kefalonia) to Kioni (Ithaka)

Monday | Kioni (Ithaka) to Vathy (Ithaka)

Tuesday | Vathy (Ithaka) to Sami (Kefalonia)

Wednesday | Sami (Kefalonia) to Atokos to Kastos

Thursday | Kastos to Vathy (Meganisi)

Friday | Meganisi to Sivota (Lefkas)





## SATURDAY | 12 NM | FISCARDO (KEFALONIA)

After much anticipation, the time has finally come! You're all set to embark on your sailing adventure aboard our yacht, based in the stunning Sivota Bay.

Starting your journey in the southern region of Lefkas Island provides a unique opportunity to sail straight to the charming Fiscardo Village on Kefalonia Island for your first night's stay. With its picturesque fishing harbor and traditional Greek fish taverns and cafes, Fiscardo is undoubtedly one of the most exquisite villages in the Ionian. The port can get quite crowded during peak season, arriving in Fiscardo on your first night gives you a significant advantage over other charterers however who begin their journey in Lefkas and you usually do not make it all the way south to Fiscardo on the first night.

If you prefer to stay at anchor, we recommend to secure your yacht with lines ashore on the south side of the harbour.

# SUNDAY | 3+ 7 NM | AFALES CLIFF & KIONI (ITHAKA)

You have the option to take a first swim break on Sunday near Fiscardo, where you can choose between two fantastic locations. The first option is Afales bay, which is a well-sheltered spot in any wind condition except for NNW winds. If the wind blows from the NNW, it is better to opt for Foki bay, which features a stunning little cave that stands about 5-6m high. For those who are brave enough, climbing up the cave and jumping from the top into the clear sea is an option. Be cautious in Foki Bay with NNE winds.

After your swim break, you can proceed by rounding Ithaca island towards Kioni, a charming little fishing village that boasts an amphitheatrical settlement and is among the most popular destinations in the Ionian. Beautiful, elegant buildings line the waterfront and are surrounded by greenery and olive groves. However, be mindful that the depth in the center of the bay can drop off past 15m, and exercise caution around neighboring anchors. When mooring stern to, have lines ready to take ashore and avoid Kioni bay during Easterly or Southern winds due to potentially large swells and poor holding.





## MONDAY | 6 NM | VATHY (ITHAKA)

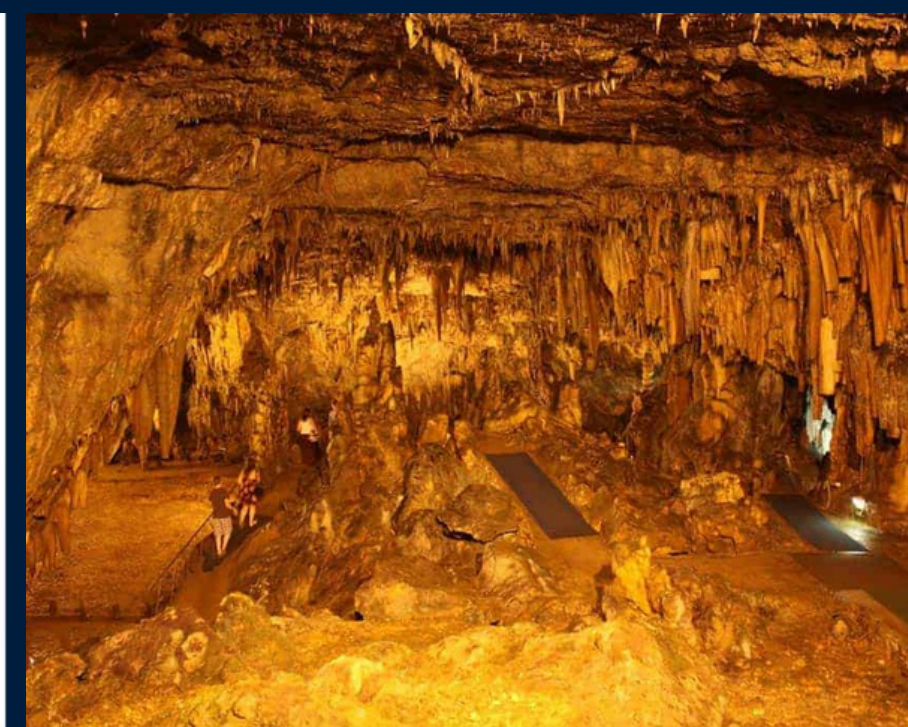
Our suggestion for Monday is to take a leisurely approach and fully appreciate the captivating beauty of Ithaca Island's scenery. One option could be sailing along the coast and making multiple stops for swimming.



Afterwards, spend the night in Vathy, the main village of Ithaca. Vathy is a charming village with wonderful taverns and quaint shops. Additionally, it offers convenient access to various amenities such as large supermarkets, fruit and vegetable stores, as well as butchers and fishmongers for provisioning.

## TUESDAY | 16 NM | SAMI (KEFALONIA)

We propose a unique day program for Tuesday that involves sailing to Sami port on Kefalonia island. From there, take a short taxi ride to the renowned Melissani Cave, located inland on Kefalonia, which boasts a stunning underground lake and unique geological formations. Also nearby is the Drogarati Cave, a fascinating underground wonderland featuring breathtaking stalagmites and limestone formations that are sure to leave you in awe. Our team can help you organize the taxi transfer.





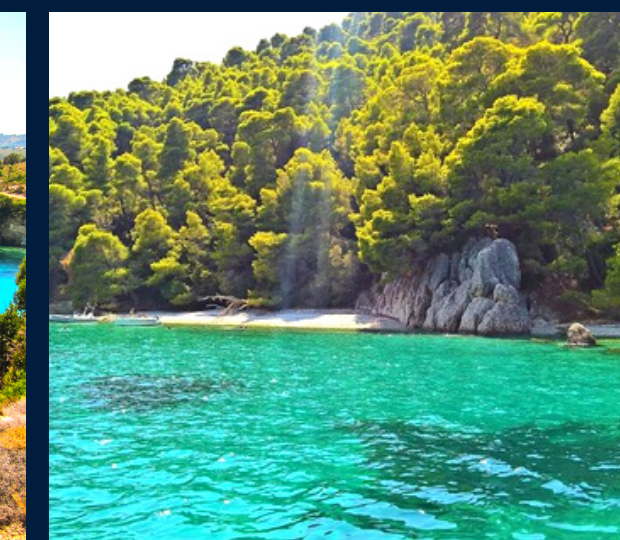
## WEDNESDAY | 18 NM | ATOKOS

Commence your journey by exploring "One House Bay" situated on Atokos Island. The island remains uninhabited and boasts picturesque white sandy beaches, ideal for indulging in snorkelling adventures. The main attraction of this island is the appearance of wild pigs that often wander the shores during the early afternoon hours. These friendly creatures are a major draw and love to interact with beach-goers.



## 7NM KASTOS

Make your way towards the stunning Piscina Bay located on Kastos Island. The word "Piscina" translates to "swimming pool" in Greek, and the bay lives up to its name with its exceptionally clear water resembling a swimming pool. On Navionics, the bay is identified as "WASP" bay. Afterwards, you can continue your journey by rounding the island to reach its primary town. Despite being a small island, Kastos boasts a handful of traditional taverns renowned for their fresh tuna steak. Our recommendation the tavern "Il Porto".







## THURSDAY | 17 NM | KALAMOS & VATHY (MEGANISI)

You could sail around Kastos and Kalamos Islands on Thursday morning before making your way to the charming village of Vathy in the north of Meganisi Island. Vathy is known for its picturesque setting and plethora of traditional taverns, with MIKA'S tavern being a standout option located at the heart of the main square. This restaurant offers a unique take on classic Greek cuisine.



Meganisi Island is a sought-after destination for charterers on Thursday nights, so we suggest arriving at the port early to secure a good spot.



If you cannot find a good spot for the night in Vathy, you may sail to Port Atheni bay, which is right next to Vathy.

## FRIDAY | 7 NM + 5NM | PAPANIKOLIS CAVE MEGANISI

As Friday arrives, it's time to return, but not before stopping by a few fantastic swimming spots. You can visit the renowned Papanikolis Cave on Meganisi island and then take a longer swim break at the Zagana Cliff.

On your last evening, Sivota's taverns await you. We suggest trying Captain Stavros for fresh fish, Odysseas for traditional Greek cuisine, or Liotrivi for contemporary food and a lovely atmosphere.

Alternatively, you could dine at the highly acclaimed "Rachi" or "Armente" restaurants, which offer breathtaking views and a unique atmosphere in a small mountain village in Lefkada. Keep in mind that to visit either of these restaurants, you must reserve a table and book a taxi transfer several days ahead of time.





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THANK YOU FOR  
SAILING WITH US!  
WE HOPE TO SEE YOU SOON AGAIN!