



# DISCOVER THE BREATHTAKING IONIAN ISLANDS

With its incomparable charm and numerous tiny islands, the Ionian Sea offers an abundance of possible routes for you to explore. Consider one of our recommended itineraries for a one-week sailing adventure in the southern Ionian Islands. We hope you have an incredible time on board and enjoy favourable sailing conditions.

Your Cavo Yachting Team!

#### 7 DAY ITINERARY

Saturday | Fiscardo (Kefalonia)
Sunday | Sami (Kefalonia)
Monday | Ag. Nikolaos via Blue Caves (Zakynthos)
Tuesday | Porto Vromy via Navagio Beach
Wednesday | Kioni (Ithaka)
Thursday | Atokos & Kastos
Friday | Meganisi & Back to base



#### SATURDAY | 12 NM | FISCARDO (KEFALONIA)

After much anticipation, the time has finally come! You're all set to embark on your sailing adventure aboard our yacht, based in the stunning Sivota Bay.

Starting your journey in the southern region of Lefkas Island provides a unique opportunity to sail straight to the charming Fiscardo Village on Kefalonia Island for your first night's stay. With its picturesque fishing harbor and traditional Greek fish taverns and cafes, Fiscardo is undoubtedly one of the most exquisite villages in the Ionian. The port can get quite crowded during peak season, arriving in Fiscardo on your first night gives you a significant advantage over other charterers however who begin their journey in Lefkas and you usually do not make it all the way south to Fiscardo on the first night.

If you prefer to stay at anchor, we recommend to secure your yacht with lines ashore on the south side of the harbour.













## SUNDAY | 16 NM | SAMI (KEFALONIA)

We propose a unique day program for Sunday that involves sailing to Sami port on Kefalonia island. From there, take a short taxi ride to the renowned Melissani Cave, located inland on Kefalonia, which boasts a stunning underground lake and unique geological formations.

Also nearby is the Drogarati Cave, a fascinating underground wonderland featuring breathtaking stalagmites and limestone formations that are sure to leave you in awe. Our team can help you organize the taxi transfer.













### MONDAY | 29 NM AG. NIKOLAOS (ZAKYNTHOS)

You could embark towards Zakynthos on Monday, and along the way, take a break to explore the renowned Blue Caves before proceeding to Aghios Nikolaos. This small bay is located in the northern region of Zakynthos and boasts a handful of cozy taverns and markets. It provides a safe haven to rest for the night.

#### TUESDAY | 18 NM | PORTO Vromy via navagio beach

You have the option to sail around the north side of Zakynthos island on Tuesday and make your way towards Porto Vromy beach, which is located on the west coast and widely considered as one of the most stunning coves. Due to its sheltered location, you can anchor your boat under the stars overnight.

While en route to Vromy, you will come across the well-known shipwreck that washed up on Navagio beach in 1980. The sandy sea bottom provides a secure anchor hold, but the beach is a famous tourist spot, so be cautious of the many tour boats that flock to it during the day.













#### WEDNESDAY | 43NM | KIONI OR VATHY (ITHAKA)

Our suggestion is for you to head back north towards Ithaka island on Wednesday. Once on Ithaka Island, you have the option to make a stop at either Vathy or Kioni bay. The distance from Zakythos to either option is approximately 43NM, which happens to be the longest distance of your trip.

Vathy, a quaint small village, boasts excellent taverns and charming shops. It's also an ideal destination for replenishing supplies as it offers a variety of options, including large supermarkets, produce stands, as well as butcher and fish markets.

Kioni is renowned for its amphitheatrical settlement, making it one of the most sought-after locations in the Ionian. The picturesque waterfront is adorned with elegant buildings, surrounded by verdant foliage and olive groves. When anchoring in Kioni bay, be mindful that the depth in the middle can drop off past 15m, and it's important to avoid crossing neighboring anchor lines. It's advisable to have lines at the ready when mooring stern to shore. Additionally, steer clear of Kioni bay during Easterly or Southern winds, as the swell can become quite large and the holding is not particularly secure.

#### THURSDAY | 7NM | ATOKOS

Commence your journey by exploring "One House Bay" situated on Atokos Island. The island remains uninhabited and boasts picturesque white sandy beaches, ideal for indulging in snorkelling adventures. The main attraction of this island is the appearance of wild pigs that often wander the shores during the early afternoon hours. These friendly creatures are a major draw and love to interact with beach-goers.























#### 7NM | KASTOS

Make your way towards the stunning Piscina Bay located on Kastos Island. The word "Piscina" translates to "swimming pool" in Greek, and the bay lives up to its name with its exceptionally clear water resembling a swimming pool. On Navionics, the bay is identified as "WASP" bay. Afterwards, you can continue your journey by rounding the island to reach its primary town. Despite being a small island, Kastos boasts a handful of traditional taverns renowned for their fresh tuna steak. Our recommendation the tavern "Il Porto".

### FRIDAY | MEGANISI & BACK TO BASE

As Friday arrives, it's time to return, but not before stopping by a few fantastic swimming spots. You can visit the renowned Papanikolis Cave on Meganisi island and then take a longer swim break at the Zagana Cliff.

On your last evening, Sivota's taverns await you. We suggest trying Captain Stavros for fresh fish, Odysseas for traditional Greek cuisine, or Liotrivi for contemporary food and a lovely atmosphere.

Alternatively, you could dine at the highly acclaimed "Rachi" or "Armente" restaurants, which offer breathtaking views and a unique atmosphere in a small mountain village in Lefkada. Keep in mind that to visit either of these restaurants, you must reserve a table and book a taxi transfer several days ahead of time.





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#### THANK YOU FOR SAILING WITH US!

WE HOPE TO SEE YOU SOON AGAIN!